

Youth Sports Safety Best Practices Checklist

Facility Safety

☐ Check Surfaces ☐ Clear Debris ☐ Check Training Equip.

Coach Training (Free Course - includes all below)

☐ CPR/First Aid	□ Asthma	□ Diabetes
Concussions	☐ Seizures	 Rhabdomyolysis
☐ Heat Injuries	□ Bleeding	☐ Sickle Cell Trait
☐ Sudden Cardiac Arrest	☐ Broken Bones	☐ Skin Infections
Ananhylavie	Snine Injury	Lightning Safety

Emergency Action Plan (Free Fillable Plan)

Emergency Team	□ Pre-Event	□ 9-1-1 Call
Leader	Safety Huddle	

Incident/Situation Specific Protocols (See Coach Training above)

	Concussion	□ Heat	 Sudden Cardiac Arrest
	Bleeding	 Anaphylaxis/Asthma 	□ Seizures
- 17	MRSA	☐ Hazardous Weather	□ Fracture/Spine Injury

Emergency Equipment/Medications (We can get you an AED and Ice Tub!)

□ AED	□ Ice Tub	 Heat Monitoring Device
Eiret Aid Vit -contents	EZ Un Canony	EniPen® Inhaler etc

Parents/Athletes

□ Preparticipation	☐ Athlete Daily	□ Pre-Season Physical
Exam	Readiness	Preparedness

Coach (Field/Court side access - on cell phone)

 Athlete Emergency Contacts 	 Athlete Emergency Medical Information
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Communication/Documentation/Oversight Risk Management System (TeamSafeSports®)